



# The Gold Standards Framework Care Homes



## Bronze, Silver and Gold Support Offers, enabling attainment of EHCH

### Supporting homes to improve care for all residents and deliver NHSE Enhanced Health in Care Homes (EHCH) from 2020

The Gold Standards Framework (GSF) Care Homes Programme is the most well-known and widely used quality improvement (QI) programme for care homes, improving care for all residents in the last chapter of life. Over 3,200 homes have been GSF trained since 2004, with hundreds accredited and reaccredited 12 years on, improving care for millions of people, demonstrating sustained excellence of care.

The GSF Accreditation Quality Hallmark Award is nationally recognised as a kite-mark for quality, recommended by Care Quality Commission, Care England, National Care Forum, National Care Association, Registered Nursing Home Association, British Geriatrics Society and other national organisations, with high numbers of 'CQC Outstanding' homes being GSF Accredited.

GSF improves **proactive, personalised, well-coordinated care**, in line with the NHSE Long Term Plan, NICE Guidance, GPs' Quality Outcomes Framework and Enhanced Health in Care Homes (EHCH) etc., enhancing quality of care and reducing crisis hospital admissions and deaths, whilst providing evidence of impact for CQC and local commissioners. See attainments of GSF accredited care homes in the [Frontrunners paper](#) or [GSF website](#).

Enhanced Health in Care Homes (EHCH) care model		
Care element	Sub-element	How GSF helps
1. Enhanced primary care support for care home residents	Access to consistent, named GP Medicines reviews Hydration and nutrition support Out of hours/emergency support	Better working with GPs and OOH providers
2. MDT in-reach support	Specialist clinical Navigation Access to	Better MDT team meetings
3. Re-ablement and rehabilitation to promote independence	Re-ablement services Community engagement	(Access to community rehab)
4. High quality end of life care and dementia care	End of life care Dementia care	Quality care for all residents including the final days And those with dementia
5. Joined up commissioning between health and social care	Shared contractual mechanisms Co-production with providers and networked care homes Access to appropriate housing	Reduced hospitalisation helps joint commissioning
6. Workforce	Training and development for care staff Co-ordinated workforce planning	Staff empowered, confidence boosted, retention rate increased Better integrated care - digital ready IT/ EPaccs
7. Data, IT and technology	Linked health & social care data Access to care record and secure email Better use of technology	

**GSF helps deliver EHCH**

### GSF helps you implement EHCH in practice (see details)

GSF helps you attain the **Enhanced Health in Care Homes** model in practice through **enhancing primary care support** and working with GPs, **MDT and in-reach** support. It also promotes **independence**, high-quality **care in the final days**, promoting **integrated care**, **workforce training, development** and confidence-boosting and enabling better use of **technology**. The main and most effective way to implement GSF and achieve accreditation is through the GSF Gold programme, but there are also other ways that GSF can help you attain the goals of the EHCH in your home and your area, through the 2 other new support offers. These include;



1. **Bronze - FREELY AVAILABLE** resources and videos on the GSF website, including help with identifying decline early in residents, offering advance care planning discussions.



2. **Silver - with on-line teaching videos** - All the free resources above, plus access to some of our on-line distance learning teaching modules. With further support, teaching and evaluations, this could lead to progression to Gold and the GSF Accreditation Quality Hallmark Award.



3. **Gold – Original programme with 4 interactive workshops** teaching GSF implementation in practice, fully resourced ,audit tools, leading to Accreditation with GSF Quality Hallmark Award.




GSF is tried and tested, used by thousands of care homes, GP practices plus hospitals, domiciliary care and others, ensuring better integrated cross boundary care. GSF helps with the 'HOW' to do it, putting policy into practice, building on your current achievements for quality recognition.



For more details or a further discussion see the [GSF Care Homes Training](#) section on our website, Email: [carehomes@gsfcentre.co.uk](mailto:carehomes@gsfcentre.co.uk) or [info@gsfcentre.co.uk](mailto:info@gsfcentre.co.uk)

# GSF Bronze, Silver and Gold Care Homes Support Offers

enabling delivery of the NHSE Enhanced Health in Care Homes (EHCH) from January 2020

GSF Levels	What this includes -	How it is delivered	Cost
<b>1. Bronze</b> 	<ul style="list-style-type: none"> <li>• <b>Proactive care</b> - the GSF Proactive Indicator Guidance (PIG) and guidance on use to improve earlier identification and more proactive care</li> <li>• <b>Personalised care</b> Advance Care Planning Guidance on GSF ACP website</li> <li>• Thinking Ahead ACP form</li> <li>• '5 Steps to ACP' video - for use by public/ residents/families</li> <li>• 5 Steps to ACP Flyer to raise awareness of the need for Advance Care Planning discussions</li> <li>• <b>Clinical Assessment tools</b> – PACA, PEPSI COLA, pain, Doloplus, etc.</li> <li>• Supportive care register forms</li> <li>• <b>Videos</b> - GSF Care Homes nutshell summary</li> </ul>	On GSF website, Care Homes bronze section <a href="http://www.goldstandardsframework.org.uk/care-homes-training-programme">http://www.goldstandardsframework.org.uk/care-homes-training-programme</a>	<b>FREE</b>
<b>2. Silver</b> 	<p><b>All the above plus</b></p> <ul style="list-style-type: none"> <li>• <b>Distance Learning teaching modules</b> on GSF Principles in care homes through access to excerpts from the on-line GSF Programme</li> <li>• Teaching videos, filmed in care homes, demonstrating what good practice looks like on the ground, which can be used to teach staff in your care home and attain EHCH.</li> </ul> <p>Includes filmed sections on:-</p> <ul style="list-style-type: none"> <li>• <b>Early identification - proactive care</b></li> <li>• <b>Advance Care Planning</b> and Best Interest discussions offered to all residents</li> <li>• <b>Better collaboration with GPs</b> in line with QOF, DES and national policy</li> <li>• <b>Compassionate care and Spiritual care</b></li> </ul>	Register for the GSF CH Silver online modules. For those interested in taking this further to GSF Care Homes Accreditation, additional teaching and evaluations are available leading on to the well-recognised GSF Quality Hallmark Award – contact the GSF Office for more details, a self-assessment report and details of workshops. <a href="mailto:carehomes@gsfcentre.co.uk">carehomes@gsfcentre.co.uk</a>	<b>£295 + VAT/ care home</b>
<b>3. Gold</b> 	<p><b>The updated original GSF Care Homes Quality Improvement Programme</b> ensuring attainment of NHSE EHCH outcomes and well recognised GSF Quality Hallmark Awards at Accreditation</p> <ul style="list-style-type: none"> <li>• <b>Four interactive workshops</b> for 2 delegates over 6-9 months</li> <li>• <b>Full resources</b> including Good Practice Guide, videos on DVDs, posters, leaflets, assessment tools, frailty updates, etc.</li> <li>• <b>Evaluations</b> including tracker tools, on-line After Death Analysis, organisational questionnaire, Key Outcomes Ratios</li> <li>• <b>On-line Support</b> as needed</li> </ul> <p>Progress to GSF Accreditation with accreditation support, guidance/refresher days leading to Accreditation with Quality Hallmark Award.</p>	The full 9-12 month programme with four face to face workshops, run in London, at one of the GSF Regional Training Centres or at other locations on request.	<b>Approx £995 + VAT/ care home depending on number of beds.</b> Accreditation at additional cost but 10% reduction if booked at same time.