



The Gold Standards Framework Dementia Training Programme

the gold standards
framework®



Improving end of life care for people with dementia and their families



Professor Keri Thomas, Maggie Stobbart-Rowlands, Lucy Giles, Barbara Walker, The GSF Centre in End of Life Care, West Midlands, UK

"Our work with GSF has had such a positive impact on our home and vastly enhanced our care delivery. It has changed staff attitudes, and the whole atmosphere of the home. It has also encouraged innovative thinking and best practice" Michelle Ellis, GSFCH

"The GSF care of people with dementia programme has completely changed the ethos and atmosphere of the home and has improved the confidence of staff in EoLC for people with dementia" M. Vaughan, Red Rocks Nursing Home

Aim

To enable people in any setting to improve awareness, assessment and outcomes for people with dementia as they approach the end of their lives

Method

Development of a four module distance learning programme over 4 months, with support sessions.

Assessment pre & post training includes;

- Knowledge questionnaires
- Confidence
- Case study
- Use of assessment tools audit.

Discussion

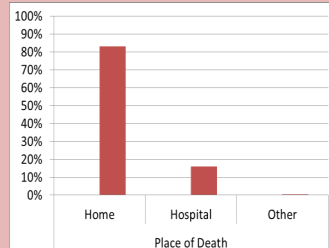
Use of interactive action learning can help to increase staff confidence, competence and organisation of care to support better relationships with people and their families near the end of life.

There is strong focus on involving the person and their carers in all planning, including Advance Care Planning .

- Key Messages**
1. Improving awareness of the impact of dementia on the person & their family
 2. Improving equity of end of life care provision—regardless of diagnosis
 3. Improving assessment & management of symptoms—particularly pain & distress
 4. Improving outcomes with more living & dying well in their usual place of residence.



Place of death for care home residents

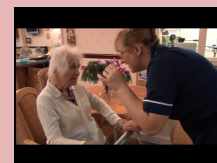


Background:

With an increasing awareness of the need to improve end of life care for people with dementia, we developed a new, **distance learning** training programme, featuring national experts for everyone involved in care of people with dementia.

Results:

- Improved confidence in caring for people with dementia towards the end of life
- Organisational & cultural change
- Improved symptom assessment & management.
- Reduced hospital admissions with more living & dying well in their usual place of residence.



The National GSF Centre in End of Life Care

GSF gives outstanding training to professionals providing end of life care to ensure better lives for people and recognised standards of care .

For further information on the work of the National Gold Standards Framework Centre please contact:

info@gsfcentre.co.uk www.goldstandardsframework.org.uk 01743 291891